Bachelor of Science

HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST (KINESIOLOGY/EXERCISE SCIENCE-HEALTH PROFESSIONS) FALL 2023

This is NOT an official degree plan: for ADVISING PURPOSES ONLY.

TEXAS CORE CURRICULUM (44hrs)	UH	TRN	NEED
6 hrs of **COMMUNICATION**			
3 hrs of **MATH** *excludes Math 1300*			
3 hrs of **MATH REASONING**			
3 hrs of **LANG, PHILOSOPHY & CULTURE**			
3 hrs of **CREATIVE ARTS**			
8 hrs of **LIFE AND PHYSICAL SCIENCE**			
3 hrs of **SOCIAL SCIENCE**			
3 hrs of **WRITING IN THE DISCIPLINES** (UH Specific)			
6 hrs of **AMERICAN HISTORY**			
6 hrs of **POLITICAL SCIENCE**			

B.S. Math & Science (6hrs)	UH	TRN	NEED
These courses are in addition to the math & science core classes. *Excludes Math 1300. Refer to list of approved math/reasoning courses.below.*			

Hours (120 total hours required)	UH	TRN	NEED
By Type			
Total Hours Completed (UH + TRN)			
Remaining Hours Needed			

HHP ADV Options - Any KIN or NUTR class in the 3000-4000 level not listed as a degree requirement
Suggestions: KIN 4300, KIN 4302, KIN 4330, KIN 4390, KIN 4391, KIN 4398, NUTR 4334, NUTR 4351, NUTR 4352, NUTR 4353, NUTR 4349

*Students receive 3 attempts to complete all prerequisite courses with a C- or better; failure to do so will result in ineligibility to graduate in the major. Students must receive a C- or better to receive course credit.

KINESIOLOGY CORE (30hrs)	UH	TRN	NEED
KIN 1352 Foundations of Kines Studies *			
KIN 3304 Human Structure& Phys Perform			
KIN 3305 Soc & Cultural Aspects of Sport			
KIN 3306 Physiology of Human Performance *			
KIN 3309 Biomechanics *			
KIN 3350 Psyc Aspects of Sports & Exercise			
KIN 4310 Measurement in Human Perform *			
KIN 4315 Motor Learning and Control			
KIN 4370 Exercise Testing			
NUTR 2332 Introduction to Human Nutrition			

Must receive a C- or better, within 3 attempts, to graduate in the major

KIES-Health Prof Core (24hrs)	UH	TRN	NEED

General Electives	UH	TRN	NEED
Need 120 hrs (36 of which must be ADV) & 2.0 GPA to earn degree. ELEC are additional hrs needed to meet degree requirements. Repeat/Remedial courses do not count towards total hrs . *** **Student must complete a minimum of 16 credit hours for the elective block of which 9hrs must be HHP advanced courses.***			
Required Electives (16hrs) _____			