

Bachelor of Science

HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST (KINESIOLOGY/EXERCISE SCIENCE-PRIMARY OPTION) FALL 2023 *This is NOT an official degree plan: for ADVISING PURPOSES ONLY.*

TEXAS CORE CURRICULUM (42hrs)	UH	TRN	NEED
6 hrs of COMMUNICATION			
ENGL 1301			
ENGL 1302			
3 hrs of MATH <i>excludes Math 1300</i>			
MATH 1314			
3 hrs of MATH REASONING			
MATH 1342 or PSYC 2317			
3 hrs of LANG, PHILOSOPHY & CULTURE			

3 hrs of CREATIVE ARTS			

6 hrs of LIFE AND PHYSICAL SCIENCE			
BIOL 1306			
BIOL 1307			
3 hrs of SOCIAL SCIENCE			
KIN 1304			
3 hrs of WRITING IN THE DISCIPLINES (UH Specific)			

6 hrs of AMERICAN HISTORY			
HIST 1301			
HIST 1302			
6 hrs of POLITICAL SCIENCE			
GOVT 2305			
GOVT 2306			

KINESIOLOGY CORE (30hrs)	UH	TRN	NEED
KIN 1352 Fndt of Kinesiology, Health, & Fitness *			
KIN 3304 Human Structure & Physical Performance			
KIN 3305 Soc & Cultural Aspects of Kines & Sport			
KIN 3306 Physiology of Human Performance *			
KIN 3309 Biomechanics *			
KIN 3350 Psychological Aspects of Sports & Exercise			
KIN 4310 Measurement in Human Performance *			
KIN 4315 Motor Learning & Control			
KIN 4370 Exercise Testing			
NUTR 2332 Introduction to Human Nutrition			

***Must receive a C- or better, within 3 attempts, to graduate in the major**

KIES-Exercise Science-Primary (6hrs)	UH	TRN	NEED
CHEM 1305 or 1311 Fndt or Fund of Chemistry			
PHYS 1301 or 1302 College Physics I or II			

Minor or Double Major (15-18) hours	UH	TRN	NEED
A minor (or double major) is required. Number of hrs required may vary by department. COURSES BELOW ARE ONLY A GUIDE (not official). Always refer to THAT DEPT for a complete list of requirements.			

B.S. Math & Science (6hrs)	UH	TRN	NEED
<i>These courses are in addition to the math & science core classes.</i>			
<i>Excludes Math 1300. Refer to list of approved math/reasoning courses below.</i>			
MATH 2312			
3 hrs of Math Reasoning			

General Electives	UH	TRN	NEED
Need 120 hrs (36 of which must be ADV) & 2.0 GPA to earn degree. ELEC are <u>additional hrs needed</u> to meet degree requirements. Repeat/Remedial courses do not count towards total hrs. *** Student must complete a minimum of 21 credit hours for the elective block of which 9hrs must be HHP advanced courses.***			
Required Electives (21hrs) _____			
HHP Advanced Elective			
HHP Advanced Elective			
HHP Advanced Elective			
General Advanced Elective (ANY 3000-4000 COURSE)			
General Elective			
General Elective			
General Elective			

Hours (120 total hours required)	UH	TRN	NEED
By Type			
Total Hours Completed (UH + TRN)			
Remaining Hours Needed			

HHP ADV Options - Any KIN or NUTR class in the 3000-4000 level not listed as a degree requirement
Suggestions: KIN 4300, KIN 4302, KIN 4330, KIN 4390, KIN 4391, KIN 4398, NUTR 4334, NUTR 4351, NUTR 4352, NUTR 4353, NUTR 4349

*Students receive 3 attempts to complete all prerequisite courses with a C- or better; failure to do so will result in ineligibility to graduate in the major. Students must receive a C- or better to receive course credit.