

Bachelor of Science

HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST (NUTRITION-Nutrition & Fitness Track) FALL 2024

This is NOT an official degree plan: for ADVISING PURPOSES ONLY.

TEXAS CORE CURRICULUM (42hrs)	UH	TRN	NEED
6 hrs of COMMUNICATION			
ENGL 1301			
ENGL 1302			
3 hrs of MATH <i>excludes Math 1300</i>			
MATH 1314			
3 hrs of MATH REASONING			
MATH 1342 or PSYC 2317			
3 hrs of LANG, PHILOSOPHY & CULTURE			

3 hrs of CREATIVE ARTS			

6 hrs of LIFE AND PHYSICAL SCIENCE			
CHEM 1305 or CHEM 1311 or CHEM 1312			
NUTR 2332			
3 hrs of SOCIAL SCIENCE			
KIN 1304			
3 hrs of WRITING IN THE DISCIPLINES *(UH Specific)			

6 hrs of AMERICAN HISTORY			
HIST 1301			
HIST 1302			
6 hrs of POLITICAL SCIENCE			
GOVT 2305			
GOVT 2306			

B.S. Formal Science (6hrs)	UH	TRN	NEED
<i>These courses are in addition to core requirements. Students must complete at least 12 credit hours in the quantitative or formal sciences, and at least 6 credit hours must be in MATH. Excludes MATH 1300.</i>			
MATH 2312			
3 hrs of Math Reasoning			

NUTRITION CORE (27hrs)	UH	TRN	NEED
NUTR 3334 Advanced Nutrition			
NUTR 3336 Nutritional Pathophysiology			
NUTR 4334 Community Nutrition			
General Elective (3 hours)			
General Elective (3 hours)			
Choose two lecture/lab pairs from the following:			
BIOL 2301 Anatomy & Physiology I			
BIOL 2101 Anatomy & Physiology I Lab			
BIOL 2302 Anatomy & Physiology II			
BIOL 2102 Anatomy & Physiology II Lab			
BIOL 3324 Human Physiology			
BIOL 3224 Human Physiology Lab			
Choose one lecture/lab pair from the following:			
BIOL 2320 Microbiology for Non-Science Majors			
BIOL 2120 Microbiology for Non-Science Maj Lab			
BIOL 2321 Microbiology for Science Majors			
BIOL 2121 Microbiology for Science Majors Lab			
NUTRITION & FITNESS TRACK (45hrs)			
KIN 3306 Physiology of Human Performance			
KIN 4310 Measurements in Human Performance			
NUTR 4345 Obesity Epidemic			
NUTR 4349 Public Policy in Nutrition			
Choose seven from the following list:			
KIN 1352 Foundations of Kines Studies			
KIN 3301 Design & Eval of Phys Activity Prog			
KIN 3304 Human Structure & Phys Performance			
KIN 3305 Soc & Cultural Aspects of Sport			
KIN 3350 Psychological Aspects of Sports and Exercise			
KIN 3360 Prof Prepr for Sports Administration			
KIN 4300 Phys Activity in Older Adults			
KIN 4301 Workplace Wellness			
KIN 4302 Fitness and Human Sexuality			
KIN 4330 Child and Adolescent Obesity			
KIN 4355 Administration of Sport & Physical Activity			
KIN 4390 Internship in Kinesiology			
KIN 4391 Internship in Kinesiology			
Choose four from the following list:			
NUTR 4312 Nutrition Assessment & Planning			
NUTR 4333 Med Nutr Therapy-Cardiovascular			
NUTR 4346 Research in Nutrition			
NUTR 4347 Med Nutr Therapy-Metabolic			
NUTR 4351 Gerontology and Nutrition			
NUTR 4352 Child and Adolescent Nutrition			
NUTR 4353 Cultural Competency for Nutr Professionals			