

YOU ARE ALREADY HELPING YOUR KIDS LEARN STEM!

There's a lot of pressure right now to create a sense of normalcy or recreate school. But things aren't normal right now. The good news is that the things you ALREADY do each day help children learn.

Time for Play

- Play is not only fun, it is how children learn. One study found that children spent almost half of their free play time exploring math.
- During play, children explore ideas, try new challenges, create, and of course, have fun!
- Joining children in play supports their learning. Follow their lead and build on their interests. See where your ideas take you!

All Together

- When we are physically apart, staying connected is more important than ever.
- Even very young children have active social lives and miss their friends.
- One way to help children feel connected is to remind them they are not alone. Saying "we are doing math" or "it's time for us to do science **together**" can help children stay motivated.
- Feeling like they are part of a group, even if their friends are far away right now, can make all the difference.

STEM Time is Anytime!

- STEM (science, technology, engineering, and math) is all about the process, so any activity can build STEM skills!
- When you cook, children can help measure or count. You can also predict how something will look when it comes out of the oven.
- Puzzles and board games are full of chances to practice spatial skills and solve problems.
- Building with blocks or creating 3D art is a fun way to hone engineering skills.
- Even listening to music and dancing helps children recognize and create patterns.

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