



Dear Faculty and Staff,

The University's EAP, Deer Oaks, will now be doing business as **AllOne Health**. With this update, comes expanded benefit offerings and an ALL-NEW **EAP Member Portal** for you and your dependents starting this week!



The new EAP Member Portal provides:

- Enhanced Features: Access mental health support, self-guided therapy (iCBT), financial wellness tools, work-life resources, and new medical advocacy referrals.
- Convenient Support: Easier navigation and seamless connection to services like live chat, phone support, and online request forms.
- A New Member Portal App: You'll be able to access the new member portal from your mobile device and request support anytime.

### **How to Get Started**

1. Visit **AllOneHealth.com/DeerOaks**. Before you can log in, you must click "**Sign Up**" (located beneath the **Log In** button) to create an account using your email, company code and password **UHMC** (The company code and password are the same, **UHMC**.)
2. Should you encounter any difficulties in creating an account, click "Email Support".
3. Remember, you can always contact the EAP directly 24/7 at **1-888-993-7650** for assistance.

### **How to Download the New EAP Member Portal Web App**

1. From your mobile phone, open Safari (iPhone) or Chrome (Android).
2. Visit **AllOneHealth.com/DeerOaks**.
3. Next, tap your phone's share icon (iPhone: ; Android: ).
4. Select "Add to Home Screen" and then name the bookmark **AllOne Health**. Then, tap "Add".

This will place the updated Member Portal icon on your home screen, giving you quick access to all the latest resources and features. These benefits are completely confidential to use, and open to your family members. We encourage you to reach out to your EAP for personalized support!

Sincerely,

Court Stein, Wellness Administrator  
HR POWER UP Employee Wellness  
University of Houston  
Human Resources Center  
713 743-1991  
[POWERUP@uh.edu](mailto:POWERUP@uh.edu)