

Job Title	Mindful Eating Program Counselor
Employer/ Agency	UT Austin Counseling & Mental Health Center
Job Description	<p>Purpose Provide short-term individual and group counseling and outreach to students who seek services with our center with concentration in disordered eating and/or body image difficulties. Outreach activities may include presentations to campus partners, supervision and training of social work / psychology interns and post-doctoral psychology practicum students, and development of training materials used within the center.</p> <p>Responsibilities Provide short-term individual and group counseling, crisis intervention, prevention and outreach services to undergraduate and graduate students with emphasis on supporting students who present with disordered eating and/or body image difficulties.</p> <ul style="list-style-type: none">• Conduct initial assessments of students' presenting concerns. Conduct short-term counseling with students referred for service.• Maintain timely, accurate, and complete documentation of all service contacts as required by center policies and procedures.• Develop and implement a good blend of programmatic interventions which address the psycho-social mental health needs of students as applicable• Identify group assignment preferences and propose/develop new groups, as appropriate.• Initiate advertising/recruitment and screening for group.• Facilitate groups in accordance with service agreement.• Demonstrate knowledge about group counseling and/or seek appropriate training. <p>Reviews client record to determine the progress, effectiveness, and appropriateness of treatment services offered. Maintains current, accurate and timely clinical documentation in accordance with state and federal law, professional ethics, and Counseling and Mental Health Center, CMHC, policies. Coordinates referrals between CMHC and university or community service providers.</p> <p>Provide clinical consultation to others on an as-needed basis and seeks consultation when appropriate. Provide urgent care services as necessary to students.</p> <ul style="list-style-type: none">• Works collaboratively and cooperatively with other mental health professionals on CMHC's multidisciplinary staff and other university departments and organizations• Develops linkages with key contacts of the designated population or issue for the purpose of developing and implementing programmatic interventions which generate substantial participation by students.

Provide clinical training and supervision to social work and psychology interns, as well as pre-doctoral psychology practicum students.

- Provides individual supervision of interns, practicum students, or psychiatric residents.
- Provides individual supervision of group co-leaders.
- Supervises interns' supervision of practicum students.
- Co-leads training seminars.
- Offers and supervises preceptorships and apprenticeships for interns.
- Participates on training-related committees.
- Participates in training activities during the orientation period.
- Timely signature on clinical documentation and communication with supervisor of relevant issues.

Other required activities:

- Attend and participate in departmental and division meetings and staff development programs as assigned.
- Participates in the prevention and outreach team meetings by contributing new ideas, engaging in problem solving and seeking better ways to impact the mental health needs of students.
- Comply with all CMHC and UT policies, procedures, and guidelines.

May be assigned other relevant duties as applicable.

Qualifications

Required Qualifications

- Licensed to practice independently as a Professional Counselor or Clinical Social Worker.
- Education required to obtain licensure in the state of Texas based discipline.
- Experience working in a college or university counseling center or outpatient mental health setting.
- Experience supporting students who have disordered eating and/or body image difficulties.
- Demonstrated experience in providing brief individual therapy, crisis intervention, group therapy, care coordination, and case management.
- Experience providing mental health services to college students.
- Experience in developing and implementing outreach programs centered around disordered eating and/or body image difficulties.
- Experience providing culturally competent treatment to a varied client population.
- Excellent verbal and communication skills.

Relevant education and experience may be substituted as appropriate.

Preferred Qualifications

- At least 3 years of experience in providing brief individual and group therapy.
- Training and experience in providing clinical supervision.
- Demonstrated ability to work effectively with a multidisciplinary team of mental health clinicians.

	<ul style="list-style-type: none"> • Demonstrated ability to work effectively with campus partners, such as colleagues in academic affairs and other student services providers. • Demonstrated ability to work within a large system and to participate and collaborate effectively in a large mental health services agency.
Salary/Hours	<p>Salary Range</p> <ul style="list-style-type: none"> • Licensed Professional Counselor - \$60,420 + depending on qualifications • Clinical Social Worker - \$60,420 + depending on qualifications • Psychologist - \$72,000 + depending on qualifications <p>Working Conditions</p> <ul style="list-style-type: none"> • Work around standard office conditions • Onsite work required • Monday – Friday, some flexibility in hours possible
Address	100 W Dean Keeton Street, Stop A3900 Student Services Building
City, State, Zip	Austin, Texas 78712
Contact Person	Healthyhorns HR Team
Telephone Number	512.475.6995
Email Address	Hr-uhcs@austin.utexas.edu
Application Method	Via UT Job Website: https://utaustin.wd1.myworkdayjobs.com/UTstaff/job/UT-MAIN-CAMPUS/Mindful-Eating-Program-Counselor--Social-Worker--Psychologist--LPC-_R_00036581
Opening Date	Immediately

To post a job opportunity or if your response to this job posting results in successful employment, please email the GCSW Office of Alumni and Career Services at mswjobs@central.uh.edu with the hiring details of your new job opportunity. Thank you.

