

# COMMUNITY & VIRTUAL REFERRALS

## UNIVERSITY OF HOUSTON RESOURCES & REFERRALS

### Counseling & Psychological Services (CAPS)\*

713-743-5454

### Equal Opportunity Services (EOS)

713-743-8835

[eos@uh.edu](mailto:eos@uh.edu)

### Sexual Misconduct Support Services (SMSS)\*

832-842-6191

[smss@uh.edu](mailto:smss@uh.edu)

### LGBTQ Resource Center

832-842-6191

[lgbtq@uh.edu](mailto:lgbtq@uh.edu)

### Center for Students with DisABILITIES (CSD)

713-743-5400

[uhcsd@central.uh.edu](mailto:uhcsd@central.uh.edu)

### Cougars in Recovery (CIR)

713-743-5826

[jashifle@central.uh.edu](mailto:jashifle@central.uh.edu)

### Dean of Students (DoS)

832-842-6183

[dos@uh.edu](mailto:dos@uh.edu)

\*Confidential

## VIRTUAL MENTAL HEALTH REFERRALS

[Talkspace](#)

[Pride Counseling](#)

[Teledoc](#)

[Better Help](#)

## COMMUNITY REFERRALS

### Counseling & Psychological Services Community Referrals

Please visit site for various referrals and contact information

713-743-5100 | [ucs@uh.edu](mailto:ucs@uh.edu) | @coogcareers | [uh.edu/ucs](http://uh.edu/ucs)

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